

Coaches,

The Kaufman track program would like to invite your teams to the Spring Break All Relays Meet. Our goal is to provide a different, fun type of meet for spring break. This will be a Boys and Girls, Varsity and JV meet. The date for the meet is Wednesday, March 13th. We will have a scratch meeting at 10:30am and provide the coaches a BBQ lunch at this time. The meet will begin at 12pm, with an anticipated time of finish around 5pm. With there being 4 divisions, this will provide adequate rest time between races. The only field events we will offer are the shot and discus. They will be scored as a relay as well, by adding the 3 throwers' best mark together for a total team distance. We will provide medals to the Top 3 relays teams in each division and trophies to the meet champion and runner up. Scoring will be traditional relay scoring of 20,16,12,8,4,2 for all races and the throws. We anticipate the meet being completed by 5pm. Fees are \$150 per division, or \$500 for all 4 teams. We're almost full, we have 3 spots left. I've included the approximate times each event will take to complete, so you can have a better understanding on how much rest your athletes will get between races.

12pm-Rolling Schedule (JVG,VG,JVB,VB)

*We will run each division separately, in all relays, in order to provide the adequate rest time for all athletes.

Shot/Discus

4x100m

4x800m (Roughly 45-50 minutes to complete)

4x200m (Roughly 20 minutes with set up to complete)

Shuttle Hurdle Relay (Roughly 30 minutes to complete with set up)

Sprint Medley (200,200,400,800) (Roughly 30 minutes to complete)

DMR(1200,400,800,1600) (Roughly 1 hour to complete)

4x400m

Email: dstone@kaufman-isd.net if interested