5th Annual

Mike Williams

invitational

Schedule of Events

Thursday, February 13, 2020

2:30PM Field Events

**Shot**: VG, VB, **(VARSITY ONLY)**

**Disc**: VB, VG **(VARSITY ONLY)**

**Long Jump** VB, JVB, VG, JVG. **(3 Jumps for All Divisions)**

**Triple Jump** VG, VB **(3 Jumps)**

**Pole Vault**: VB, VG, JVB, JVG

**High Jump** (2 pits)

Varsity by Field House: VG/VB

 JV by Scoreboard: JVB/JVG



Running Events

 2:50PM 3200 Run (JVG/VG/JVB/VB)

4:30PM (JVG/VG/JVB/VB)

* 400M Relay
* 800M Run
* 100M Hurdles (JVG, VG)
* 110M Hurdles (JVB, VB)
* 100M Dash
* 800M Relay
* 400M Dash
* 300M Hurdles
* 200M Dash
* 1600M Run
* 1600M Relay