

Raider Relays
 March 12, 2020 @ Cedar Ridge HS
 2801 Gattis School Road, Round Rock, TX 78664

Teams Invite:

2:00 PM - Scratch meeting in the storage room between softball and baseball field.

2:30 PM– Field Events – All genders will report to your field event.

Shot Put	VB JVB JVG VG
Discus	VG JVG VB JVB
Long Jump	VB JVB
Long Jump	VG JVG
Triple Jump	VB JVB
Triple Jump	VG JVG
High Jump	VB JVB VG JVG
Pole Vault	VB JVB VG JVG

ALL VARSITY DIVISIONS JUMPS AND THROWS WILL HAVE 4 ATTEMPTS NO FINALS

2:30 PM 3200 JVG JVB VG VB
 DMR VG VB

4:30 PM Running Finals (rolling starts)

400M Relay	JVG – JVB – VG– VB (Only 1 relay per school)
800M Dash	JVG – JVB – VG– VB
100M Hurdles	JVG – VG
110M Hurdles	JVB – VB
100M Dash	JVG – JVB – VG– VB
800M Relay	JVG – JVB – VG– VB (Only 1 relay per school)
400M Dash	JVG-JVB-VG-VB
300M Hurdles	JVG – VG – JVB– VB
200M Dash	JVG – JVB – VG– VB
1600M Run	JVG – JVB -VG -VB
1600M Relay	JVG – JVB – VG– VB (Only 1 relay per school)

