



2019 DFW/UTA Distance Symposium

Featuring Dr. Jack Daniels

AUGUST 2-3, 2019 - ARLINGTON, TEXAS

Sponsored by UTA Track & Field

Register now for the 2019 DFW/UTA Distance Symposium sponsored by the UTA Track and Field Program! The keynote speaker will be legendary Olympian, coach, exercise scientist, author and mentor, Dr. Jack Daniels.

Daniels was a two-time Olympic medalist in the modern pentathlon. Named "The World's Best Running Coach" by *Runner's World*, he led Cortland University runners to eight NCAA Division III National Championships, 31 individual national titles, and more than 130 All-America awards. He also coached seven athletes to the U.S. Olympic team and has advised dozens of Olympians and medalists. He is world-famous for writing *Daniels' Running Formula*, a 1998 book outlining his unique training philosophies.

This year's clinic will also feature lectures and demonstrations from some of the area's most successful and respected high school and college coaches. Learn from those who have won high school state championship teams, coached college conference championship teams, and tutored all-state and All-American athletes.

Friday night's session will be held at the Hilton Garden Inn Dallas/Arlington South, while Saturday's session will be at Maverick Stadium, the home of the UTA track and field and cross country programs, which have won 33 conference team championships under coach John Sauerhage since 1995. During his UTA tenure, he has won 33 conference Coach of the Year awards and one District Coach of the Year honor.

SCHEDULE OF EVENTS

Friday, Aug. 2, 2019

7-8 p.m.
8-9 p.m.
9 p.m.

Hilton Garden Inn Dallas/Arlington South

John Sauerhage (UTA Head Coach)
Justin Leonard (Southlake Carroll H.S. Head Coach)
Social/Cocktail Hour

Saturday, Aug. 3, 2019

9-10 a.m.
10-11 a.m.

11 a.m.-12:30 p.m.
12:30-1:30 p.m.

UTA Maverick Stadium

Andrew Cook (Flower Mound H.S. Head Coach)
Cameron Villareal (Former Texas A&M Distance Runner) & UTA Distance Runners
Lunch Break – Food Provided at Stadium
Dr. Jack Daniels (World-Renowned Coach and Author)

Sponsor: RunFAR Racing Services



World-Renowned Coach and Author
Dr. Jack Daniels



UT Arlington Head Coach
John Sauerhage



Flower Mound H.S. Head Coach
Andrew Cook



Southlake Carroll H.S. Head Coach
Justin Leonard

DATES/LOCATION

Friday, Aug. 2, 2019

Hilton Garden Inn Dallas/Arlington South
521 East Interstate 20
Arlington, Texas 76018

Saturday, Aug. 3, 2019

Maverick Stadium
1309 West Mitchell Street
Arlington, Texas 76019

LODGING

Hilton Garden Inn Dallas/Arlington South

521 East Interstate 20
Arlington, Texas 76018
www.dallasarlingtongsouth.hgi.com
For Special Rate: Contact Sales Manager
Dane Herrmann (817) 557-8233

DFW/UTA DISTANCE SYMPOSIUM REGISTRATION

Registration Fee: \$100 (By July 26, 2019) Late Registration/Walk-Up Fee: \$125

Online Registration Link: <https://giving.uta.edu/-dfw/uta-distance-symposium>

Make Checks Payable To:

DFW/UTA Distance Symposium
1309 W. Mitchell St.
Arlington, Texas 76019-0079

Contact: John Sauerhage

Phone: (817) 272-5825

Website: www.UTAMavs.com

Email: hog34536@uta.edu

Name: _____ Home Phone: (____) _____ Email: _____

Home Address: _____ City: _____ State: _____ Zip: _____

School: _____ School Phone: (____) _____ Email: _____

School Address: _____ City: _____ State: _____ Zip: _____