

Top 5 All-Time: Girls [Times and marks recorded prior to collegiate careers. Relay times are only for school teams during the season and will not include summer club teams comprised of athletes from multiple schools.]

Event	Time/Mark	Name	School	Year
100 Meters				
	11.16	Victoria Jordan	Fort Worth Dunbar	2008
	11.21	Tiffany Townsend	Killeen	2007
	11.27	Jasmine Montgomery	San Antonio Reagan	2021
	11.28	Sha'Carri Richardson	Dallas Carter	2017
	11.33	Autumn Wilson	St. Dominic Savio	2022
200 Meters				
	22.84	Tiffany Townsend	Killeen	2007
	22.90	Carlette Guidry	Houston Sterling	1986
	22.94	Lauren Lewis	Prosper	2023
	23.06	Tiriah Kelley	Plano East	2022
	23.11	Kenondra Davis	Fort Worth Trimble Tech	2021
[conv.]	23.16y	Chryste Gaines	South Oak Cliff	1988
400 Meters				
	51.17	Lauren Lewis	Prosper	2023
	51.96	Brandi Cross	Fort Bend Marshall	2006
	52.12	Christine Mallard	Mansfield Legacy	2022
	52.40	Courtney Okolo	Carrollton Newman Smith	2012
	52.49	Jerrika Chapple	Lancaster	2000
800 Meters				
	2:02.96	Aaliyah Miller	McKinney Boyd	2016
	2:03.32	Raevyn Rogers	Houston Kinkaid	2013
	2:04.70	Bailey Goggans	Marble Falls	2020
	2:05.61	Isabel Conde de Frankenberg	Cedar Park	2022
	2:05.64	Julia Heymach	Houston Lamar	2015
1600 Meters				
[conv. 1 Mile]	4:36.93	Isabel Conde de Frankenberg	Cedar Park	2022
	4:36.96	Natalie Cook	Flower Mound	2022
[conv. 1 Mile]	4:38.61	Chelsey Sveinsson	Greenhill School	2009
[conv. 1 Mile]	4:39.37	Sophie Atkinson	Katy Cinco Ranch	2021
[conv. 1 Mile]	4:39.68	Julia Heymach	Houston Lamar	2015
[conv. 1 Mile]	4:40.29	Samantha Humphries	Flower Mound	2023
	4:40.97	Julia Heymach	Houston Lamar	2015
	4:41.29	Brynn Brown	Denton Guyer	2021
	4:42.70	Devin Clark	Smithson Valley	2015
	4:42.82	Sophie Atkinson	Katy Cinco Ranch	2021
3200 Meters				
[conv. 2 Mile]	9:41.05i	Natalie Cook	Flower Mound	2022
	9:45.57	Elizabeth Leachman	Boerne Champion	2024
[conv. 2 Mile]	9:47.57i	Brynn Brown	Denton Guyer	2021
	9:48.25	Natalie Cook	Flower Mound	2022
[conv. 2 Mile]	9:54.15	Elizabeth Leachman	Boerne Champion	2023

	9:58.58	Brynn Brown	Denton Guyer	2021
[conv. 2 Mile]	9:59.79	London Culbreath	McKinney North	2018
[conv. 2 Mile]	10:01.34	Chelsey Sveinsson	Greenhill School	2009
	10:07.15	Chelsey Sveinsson	Greenhill School	2010
	10:07.90	Kim Whitaker	New Braunfels	1983
100 Hurdles				
	12.93	Alexis Duncan	DeSoto	2016
	13.04	Tonea Marshall	Arlington Seguin	2016
	13.18	Rylee Hampton	Houston Cypress Ridge	2023
	13.23	Ashlee Williams	Dallas Bishop Dunne	2001
	13.25	Alandra Sherman	Aldine Eisenhower	2003
300 Hurdles				
	40.63	Sidney Green	Allen	2023
	40.68	Simone Ballard	Katy Mayde Creek	2022
	40.81	Samantha Gonzalez	Carrollton Creekview	2015
	40.96	Donique Flemings	Saginaw	2008
	40.97	Milan Young	Houston Lamar	2017
4x1 Relay				
	44.24	Ja'Era Griffin, Jayla Hollis, Taylor Armstrong, Rosaline Effiong	DeSoto	2019
	44.60	Tara Thomas, Krystin Lacy, Chanelle Curry, Jazmin Greer	Dallas Skyline	2004
	44.63	Francheska Ketchum, Jamee Jones, Gloria Assumna, Chantelle Willard	Alief Elsik	2003
	44.89	Sydney Kim, Ibis David-West, Alyssa Tate, Haley Tate	Katy Seven Lakes	2021
	44.94	Taylor Blackshire, Le-Taija Jackson, Lyric Choice, Kaylor Harris	Mesquite Horn	2017
4x2 Relay				
	1:34.51	Natalie Richie, Francheska Ketchum, Jamee Jones, Chantelle Willard	Alief Elsik	2003
	1:34.60	Nena Blue, Ashley Mitchell, Stephanie Durst, Melissa Abraham	Houston Westbury	1998
	1:34.87	Bryannia Murphy, Cierra Wash, Taylor Armstrong, Jada Laye	DeSoto	2017
	1:35.05	Dy'Mond Wiley, Arius Williams, Tynecia Singletary, Alexis Cokes	Duncanville	2018

	1:35.14	Amaya Kennison-Jenkins, Mackenzie Collins, Sydney Bryant, Nia Parks	Alvin Shadow Creek	2022
4x4 Relay				
	3:37.85	Jalese Moore, Rosaline Effiong, Cierra Wash, Bryannia Murphy	DeSoto	2017
	3:38.35	Krystin Lacy, Jennifer Hunt, Ashley Harvey, Shatara Taylor	Dallas Skyline	2003
	3:38.52	Cyne Wardsworth, Candyce Cross, Carmen Mitchell, Brandi Cross	Fort Bend Marshall	2005
	3:38.85	Jyria Smith, Tyler Rose, Evette Blanks, Birexus Hawkins	Fort Bend Hightower	2016
	3:39.00	Dy'Mond Wiley, Payge Side, Tynecia Singletary, Arius Williams	Duncanville	2018
4x8 Relays				
	8:55.80	Nicole Humphries, Samantha Humphries, Alexandra Fox, Abbey Coberly	Flower Mound	2023
	9:08.35	Sarah Willson, Meredith Wolfe, Ivy Parada, Lily Horvath	Round Rock	2023
	9:11.17	Maddy Reed, Quinn Owen, Ashton Hutcherson, Ryan Gossett	Marcus	2016
	9:11.18	Tyquita Jones, Nicki Cobler, Courtney Carter, Londa Bevins	Mesquite	1999
	9:11.53	Nia Allison, Destinee Davis, Simone Savage, Elizabeth Brooks	Katy	2023
High Jump				
	6-04.00	Amy Acuff	Corpus Christi Calallen	1993
	6-02.75	Erin Aldrich	Lake Highlands	1996
	6-02.00	Ineka McPherson	Port Arthur Memorial	2005
	6-01.50	Jolanda Jones Leigh Anne Crews	Alief Elsik Woodsboro	1984 1989
	6-01.25	Shanay Briscoe	Houston Cypress Christian	2008
Long Jump				
	21-03.25i	Samiyah Samuels	Cypress Springs	2016
	21-03.25	Ychlindria Spears	Luling	2001
	21-02.75	Kynneddy Flannel	Alvin	2017
	21-01.25	Meledy Smith	Houston Sterling	1982

	21-0.75	Carlette Guidry	Houston Sterling	1986
	20-11.75	Jasmine Moore	Mansfield Lake Ridge	2018
	20-11.75i	India Alix	Klein	2022
Triple Jump				
	44-10.00	Jasmine Moore	Mansfield Lake Ridge	2019
	44-02.25	Ychlindria Spears	Luling	2001
	44-01.25	Erica McLain	Plano East	2004
	43-06.50i	Skylynn Townsend	Prosper Rock Hill	2023
	43-02.25i	Asa Garcia	Texas City	2015
	42-11.75	Twylana Harrison	Levelland	1991
	42-09.75	Jennifer Madu	Plano East	2012
Pole Vault				
	14-07.25	Desiree Freier	Justin Northwest	2014
	14-06.00	Molly Haywood	Tomball Memorial	2023
	14-03.00	Olivia Lueking	Clear Creek	2021
	14-02.00	Alencia Lentz	Comal Canyon Lake	2023
	14-01.00	Sky Schuller	Coppell	2023
Disc				
	198-09	Shelbi Vaughan	Mansfield Legacy	2012
	195-10	Emma Sralla	Lewisville Marcus	2023
	182-04	Madeleine Fey	Midlothian	2023
	175-01	Zada Swoopes	Whitewright	2017
	173-07	Amelia Flynt	Katy Cinco Ranch	2021
Shot Put				
	54-10.75	Michelle Carter	Red Oak	2003
	53-02.25	Carlie Weiser	Giddings	2023
	52-11.50	Stevanie Wadsworth	L.D. Bell	1990
	51-06.50	Haley Teel	Gregory-Portland	2014
	51-04.50	Nekia Jones	Beaumont Ozen	2013
Javelin				
	152-00.75	Ashtin Zamzow	Goliad	2014
	146-07	Paris Kimble	Atascocita	2023
	140-00	Emily Wilson	St. Mary's Hall	2018
	136-05	Kaylah Shepherd	Fort Bend Clements	2018
	134-11	Amber Bowling	Houston Homeschool	2023
Hammer				
	195-02	Jennifer Dahlgren	Klein	2002
	170-03	Shelby Ashe	Port Isabel	2010
	162-00	Lauren St. Peters	Aledo	2023
	149-01	Olivia Chamizo	Denton Guyer	2023
	143-10.75	Amelia Flynt	Katy Cinco Ranch	2019
2K Steeple				
	6:52.75	Margaret Thompson	Hockaday	2023
	6:54.63	Emily Cole	Klein	2019
	6:56.77	Adoette Vaughan	Hockaday	2018

	7:00.15	Sara Morefield	Lucas Lovejoy	2023
	7:01.54	Macy Wingard	Denton Braswell	2023
SMR				
	3:55.21	Brooke Givens, Elon'a Jones, Jania Martin, London Culbreath	McKinney North	2018
	3:55.74	Whitney Harris, Kirsten Harris, Taura Gordon, Vickie Walker	A&M Consolidated	2006
	3:56.54	Vanessa Ugorji, Rachel Hall, Aliyah Carswell, Wonders Oguejiofor	Cypress Springs	2018
	3:56.73	Allison Warren, Nicole Ezeoke, Taryn Hankins, Quinn Owen	Lewisville Marcus	2018
	3:57.96	Amani Graham, Avery Allmer, Addison Simon, Isabel Conde de Frankenberg	Cedar Park	2023
DMR				
	11:51.32	Miranda Walker, Kristi Eveland, Brittney Alberto, Brooke Upshaw	Southlake Carroll	2004
	11:52.98	Kailey Littlefield, Mia Reaugh, Sara Morefield, Amy Morefield	Lucas Lovejoy	2023
	11:53.31	Shewaye Johnson, Lauren Lewis, Emily Kern, Aubrey O'Connell	Prosper	2022
	11:55.13	Samantha Shulhan, Kennedy Blackmon, Bianca Carroccio, Ashlyn Hillyard	Plano Senior	2018
	11:57.49	Hannah Bradley, Bridget Tobias, Quinn Owen, Maddy Reed	Lewisville Marcus	2015
Heptathlon				
	5493	Kendra Reimer	New Braunfels	1998
	5376	Abby Elmore	Gunter	2023
	5365	Diana Pickler	Rowlett	2001
	5357	Lauren Reimer	New Braunfels	2001
	5338	Julie Pickler	Rowlett	2002

Bolded = National Record

*Sprint events = FAT + a wind gage reading of 2.0 or less.

*The top 5 in each event includes an athlete's top mark or time prior to starting one's collegiate eligibility, thus a post-season event qualifies. As well, an athlete is only listed once with his or her top time or mark.

*Marks and times have been culled from TXMileSplit, *Track & Field News*, Athletic.net, and Texas Track. The 1600 and 3200 include times converted from the Mile and 2-Mile respectively.

* Javelin, Steeple, SMR, DMR, and Decathlon/Heptathlon are non-scored events in Texas. SPC scores the 4x800.