



**High School
CLASSIC**

Wednesday March 13th, 2019

9:00AM Workers' Meeting

9:30AM Coaches' Meeting

10:00AM ***FIELD EVENTS:***

Triple Jump: EAST RUNWAY - VG (4 jumps), then JVG (4 jumps)

WEST RUNWAY - VB (4 jumps), then JVB (4 jumps)

High Jump: VG, JVG (Pit #1)

VB, JVB (Pit #2)

Shot Put: VG-4 throws

Discus: VB-4 throws

Pole Vault JVG, JVB, VG, VB

10:00AM 3200m Run (JVG, JVB, VG, VB)

12:00PM JV Shot Put: JVB, JVG 4 throws

JV Discus: JVG, JVB 4 throws

12:00PM Long Jump: EAST RUNWAY - VG (4 jumps), then JVG (4 jumps)

WEST RUNWAY - VB (4 jumps), then JVB (4 jumps)

2:00PM Shot Put: VB-4 throws

Discus: VG-4 throws

1:00PM ***RUNNING EVENTS (Finals by Time/Rolling Schedule)***

4x100m Relay (JVG, JVB, VG, VB)

800m Run (JVG, JVB, VG, VB)

100m Hurdles (JVG, VG)

110m Hurdles (JVB, VB)

100m Dash (JVG, JVB, VG, VB)

4 x 200 Relay (JVG, JVB, VG, VB)

400m Dash (JVG, JVB, VG, VB)

300m Hurdles (JVG, JVB, VG, VB)

200m Dash (JVG, JVB, VG, VB)

1600m Run (JVG, JVB, VG, VB)

4x400m Relay (JVG, JVB, VG, VB)