

# MO PARKER RELAYS MARCH 9, 2017

## SCHEDULE OF EVENTS

**3:00 SCRATCH MEETING – FIELD HOUSE**

### **FIELD EVENTS**

**VARSITY SHOT AND DISCUS COMPETITORS WILL GET 4 THROWS WITH NO FINALS. VARSITY LONG & TRIPLE JUMPERS WILL GET 4 JUMPS WITH NO FINALS. JV WILL RECEIVE 3 JUMPS OR THROWS, WITH NO FINALS.**

### **STARTING HEIGHTS:**

**HIGH JUMP BOYS 5'4" GIRLS 4'4" JV 5'2"  
POLE VAULT BOYS 9' GIRLS 7' JV 8'**

**3:30**

**4:15**

**5:00**

**GIRLS SHOT**

**JV SHOT**

**BOYS DISCUS**

**JV HIGH JUMP**

**GIRLS TRIPLE JUMP**

**BOYS LONG JUMP**

**BOYS POLE VAULT**

**GIRLS DISCUS**

**JV DISCUS**

**BOYS SHOT**

**JV LONG JUMP**

**GIRLS HIGH JUMP**

**BOYS TRIPLE JUMP**

**GIRLS POLE VAULT**

**BOYS HIGH JUMP**

**JV TRIPLE JUMP**

**GIRLS LONG JUMP**

**JV POLE VAULT**

**4:00 – 3200 M RUN**

**GIRLS, JV, BOYS**

### **RUNNING EVENTS**

**WEIGHT MAN'S RELAY**

**400 M RELAY**

**800 M RUN**

**100 M HURDLES**

**110 M HURDLES**

**100 M DASH**

**800 M RELAY**

**400 M DASH**

**300 M HURDLES**

**200 M DASH**

**1600 M RUN**

**1600 M RELAY**

**THROWERS ONLY-ALL DIV.**

**GIRLS, JV, BOYS**

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**GIRLS**

**JV, BOYS**

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