## Ben Robertson Invitational March 2<sup>th</sup>, 2024 E.H. Hanby Stadium (Hosted by: North Mesquite HS)

## Order of Events:

8:15 Scratch meeting/Weigh In (scratch or substitute)

**9:00** Field Events – # of flights will depend on # of entries

3 throws, jumps for JV (All finals)
4 throws, jumps for Varsity (All finals)

10:30 3200 m Run (1 Heat per division) JV Girls, Varsity Girls, JV Boys, Varsity Boys

**12:30 Running Finals -** *All running finals will begin after field events have been completed no preliminaries)* (Running order will be the same for each event – JV Girls, Varsity Girls, JV Boys, Varsity Boys) (Rolling Schedule)

400 M. Relay

800 M. Run

100/110 M. Hurdles

100 M. Dash

800 M. Relay

400 M. Dash

300 M. Hurdles

200 M. Dash

1600 M. Run

1600 M. Relay

## **Format of Field Events**

9:00 Shot Put – Men (V/JV)

Discus – Women (JV/V)

Triple Jump (North Pit) – Men (V/JV)

Long Jump (South Pit) – Women (V/JV)

High Jump – Men (5'4") (JV/V)

Pole Vault – Women (6'0") (Together)

11:00 Shot Put – Women (V/JV)

Discus – Men (JV/V)

Triple Jump (South Pit) – Women (V/JV)

Long Jump (North Pit) – Men (V/JV)

High Jump – Women (JV 4'2"/V 4'4") (JV/V)

Pole Vault – Men (8'0") (Together)