

SOUTH HILLS SCORPION RELAYS

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SCHEDULE OF EVENTS

12:30 - 1:00 P.M. SCRATCH MEETING - STORAGE SHED BEHIND FIELD HOUSE

1:00 P.M. SESSION NUMBER 1 - VARSITY FIELD EVENTS / JV RUNNING

| | | | | |
|------------------|---------------------------|----------------|-----------------------------|----------------|
| 1:00 P.M. | POLE VAULT: | VAR. B, VAR. G | HIGH JUMP: | VAR. G, VAR. B |
| | SHOT PUT: RING # 1 | VAR. B, VAR. G | DISCUS: RING # 1 | VAR. G, VAR. B |
| | LONG JUMP: PIT # 1 | VAR. G, VAR. B | TRIPLE JUMP: PIT # 2 | VAR. B, VAR. G |

| | | | | |
|------------------|------------------------------|--------------|-----------------------------|--------------|
| 2:30 P.M. | SHOT PUT: RING # 1 | JV. G, JV. B | DISCUS: RING # 1 | JV. B, JV. G |
| | LONG JUMP: PIT # 1 | JV. G, JV. B | TRIPLE JUMP: PIT # 2 | JV. B, JV. G |
| | POLE VAULT:(TOGETHER) | JV. G, JV. B | HIGH JUMP: | JV. G, JV. B |

**** FIELD EVENTS FOR THE JV WILL START AS SOON AS THE VARSITY HAS COMPLETED THEIR EVENT**

RUNNING:

2:30 P.M. 3200 M RUN - JV G, JV B, VAR. G, VAR. B

4:00 P.M.

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|--------------------|------------------------------|
| 4 X 100 M RELAY | JV. G, JV. B, VAR. G, VAR. B |
| 800 M RUN | JV. G, JV. B, VAR. G, VAR. B |
| 100 /110 M HURDLES | JV. G, VAR. G, JV. B, VAR. B |
| 100 M DASH | JV. G, JV. B, VAR. G, VAR. B |
| 4 X 200 M RELAY | JV. G, JV. B, VAR. G, VAR. B |
| 400 M DASH | JV. G, JV. B, VAR. G, VAR. B |
| 300 M HURDLES | JV. G, JV. B, VAR. G, VAR. B |
| 200 M DASH | JV. G, JV. B, VAR. G, VAR. B |
| 1600 M RUN | JV. G, JV. B, VAR. G, VAR. B |
| 4 X 400 M RELAY | JV. G, JV. B, VAR. G, VAR. B |

****** NO BLOCKS IN THE 400 M**

OPENING HEIGHTS

HIGH JUMP:

| | | | |
|----------------------|-------|---------------------|-------|
| VAR. GIRLS HIGH JUMP | 4' 6" | VAR. BOYS HIGH JUMP | 5' 6" |
| JV. GIRLS HIGH JUMP | 4' 4" | JV. BOYS HIGH JUMP | 5' 4" |

POLE VAULT: TBD