



SMSD

Stafford Municipal School District

"The Best Little School District in Texas"

2019 Spartan Relays

Presented by SMSD

Coaches,

You are cordially invited to attend the Annual Spartan Relays. After a very successful meet last year, we are excited to continue to this tradition of greatness. Please join us for this meet to ensure that your athletes will be competing against the best of the best.

Date: March 1st,2019

Rules & Regulations: The meet will be governed by the constitution and contest rules of the University Interscholastic League and National Federation of State High School Associations.

Timing System: FAT timing

Scoring: Individual events will be scored 10-8-6-4-2-1

Relay events will be scored 20-16-12-8-4-2

Medals/Plaques: Medals will be awarded to the top three finishers in individual events. Plaques will be awarded to the team champion in each division.

Site: Spartan Stadium

Entry Fee: \$125.00/team

Hospitality: SMSD Athletics will provide a coach's meal and hospitality throughout the meet.

We hope that you choose to be a part of the Spartan Relays this March.

Sincerely,

Coach Sergio Hinojosa- Cell: 281-627-4330

Coach Franchelle Hill-Cell: 832-290-8500

2019 Spartan Relays

Invitation Acceptance

| <u>MEET</u> | <u>2019 Spartan Relays</u> |
|-------------|----------------------------|
| SCHOOL: | |
| COACH: | |
| SCHOOL #: | |
| CELL #: | |
| EMAIL: | |
| | |
| BOYS | |
| GIRLS | |
| | |
| | |
| | |

Please Email the Acceptance Form to: fhill@staffordmsd.org or SHinojosa2@staffordmsd.org

Make Check Payable to:

Stafford MSD Athletics

Mail Entry Fee to:

**Stafford MSD Athletics
Attn: Cynthia Guerra
1625 Staffordshire Road
Stafford, Texas 77477**

Spartan Relays

March 1st,2019

SCHEDULE

SCHEDULE OF EVENTS:

1:30PM SCRATCH MEETING

2:00PM FIELD EVENTS (Finals only – 4 jumps & 4 throws)

Shot Boys, Girls

Discus Girls, Boys

Long Jump Boys, Girls

Triple Jump Girls, Boys

High Jump Boys, Girls

Pole Vault Girls, Boys

3:00PM 3200 METER RUN (G,B)

4:00PM (or at the conclusion of field events)

Running Events

4X100 METER RELAY (G,B)

800 METER RUN (G,B)

100 METER HURDLES (G only)

110 METER HURDLES (B only)

100 METER DASH (G,B)

4X200 METER RELAY (G,B)

400 METER DASH (G,B)

300 METER HURDLES (G,B)

200 METER DASH (G,B)

1600 METER RUN (G,B)

4X400 METER RELAY (G,B)